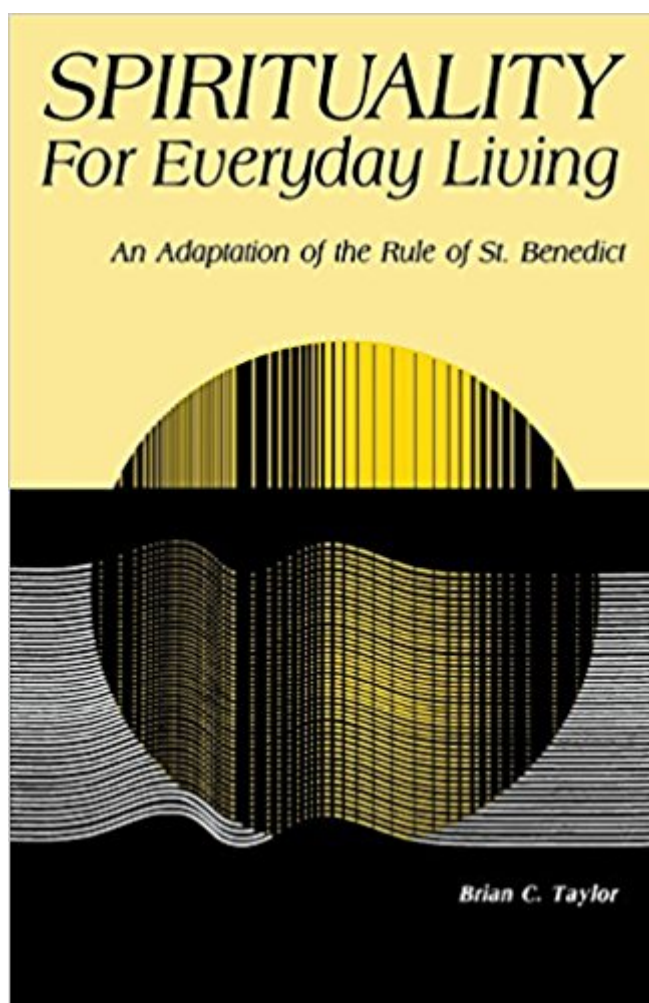


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Spirituality For Everyday Living: An Adaptation Of The Rule Of St. Benedict



Synopsis

Taking the Rule's balance of prayer, conversion of life, commitment, study, work relationships, and solitude, this practical spiritual guide explores the Rule's application for ordinary people living outside a monastery. A bestseller!

Book Information

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Customer Reviews

This small book is true to the spirit of St. Benedict and all he hoped for the spirituality of those monks that followed his Rule.

While the spirituality of St. Benedict does not really resonate with me, I appreciated reading it to learn and understand more about the history of spirituality over the centuries. It is important to see the evolution of even spirituality to more fully appreciate what brought us to where we are today.

Am still reading it. Finding his treatment of often difficult Benedictine topics to be clear and easier to grasp and put into practice than other similar works I have read. It's working for me.

It brings the rule of St Benedict into modern life, and it helps to reinterpret the rule for use today. It is meant for everyone interested in living out the spiritual life, not just monastics. It is fairly short and very easy to read.

This book makes me want to know even more about the Benedictine rule.

good

Like nearly everyone else I've known who has been raised as an Evangelical Christian in America, for most of my life I've known almost nothing about St. Benedict, and many of us may feel like there's not much reason to invest any of our highly valued time in changing that. Thanks to *Spirituality for Everyday Living* by Brian C. Taylor, both aspects of that can change. Much of our unfamiliarity with Benedict is due to the fact that he wrote his Rule for 6th century monks, and I have yet to go to church with many people whose lives resemble those of 6th century monks in any significant ways. So it's very helpful to have the ancient Rule of St. Benedict interpreted and adapted for us by Taylor, an Episcopal priest of our own day. He does a good job of showing how Benedict's guidance, which has proven reliable to so many for so long, can be followed by people who desire to arrange their lives around a dedicated pursuit of God yet who live in the context of family and work responsibilities. Taylor does a remarkably effective job of communicating this in only 70 pages (including the Preface, Introduction, and Appendix!). The three short chapters of the book are arranged around different characteristics of the monastic life prescribed by Benedict: Chapter 1 describes the monk's "commitment to life": stability, *conversatio* (repentance), and obedience; Chapter 2 is the monk's "life in balance": prayer, study and work; Chapter 3 is the monk's "self in relationship": with God, others, and things. Each chapter contains Taylor's summary and interpretation of the applicable sections of Benedict's Rule, as well as his own personal examples and suggestions on how people today can apply Benedict's guidance in life outside of the monastery. I believe that one of the greatest needs for Christians today is to have teachers who are effective at reconnecting us with the riches of the voices and guidance available to us from the past. St. Benedict is someone whom we will benefit from knowing and having as a teacher, and Taylor's book is a valuable resource for introducing him to today's Christians.

I just finished this book last night, and I found it to be very inspiring, and insightful. The author is an episcopalian priest, married with family. He really brings an interesting insight to the Rule of Benedict coming from someone who is a pastor by profession and a parent. I found the book to be a concise quick read, and the page layout was just fine. For Oblates or those wishing to become Oblates add this book to your reading list. The author being someone who is married with children lays out simple ways for the laity to incorporate the Rule of Benedict in everyday life. I am Catholic

and I did appreciate the neutrality of this book. I believe this book serves well as an excellent read for Benedictines of the Catholic or Anglican tradition.Pax.

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